Dear Parent/Guardian,

Loyola Academy takes all indications of self-harm, suicidal thoughts and other significant mental health concerns seriously. Based on concerns the Loyola Academy Counseling Department has regarding your child, we are asking for your child to receive a mental health assessment from a licensed mental health professional (licensed clinical professional counselor, licensed clinical social worker, psychologist or psychiatrist) prior to the continuation of academics and co-curricular activities at Loyola Academy.

Below are the steps parents should follow to determine the most appropriate level of support for your child and to coordinate a smooth transition back to Loyola Academy:

1. Arrange for your child to be assessed by a licensed mental health professional as soon as possible. We partner with many local mental health centers that we believe provides quality and comprehensive safety assessments.

2. Sign Loyola Academy’s consent for release of information with chosen licensed mental health professional. Student/family confidentiality is adhered to as dictated by the Ethical Code of the American School Counselor Association and National Association of Social Workers.

3. Request licensed mental health professional send letter stating student is safe to return to school, any treatment recommendations and discharge plan in order to coordinate your child’s re-entry back to school. Fax all documentation to Loyola Counseling Department’s confidential fax number, 847-920-2762, to the attention of your child’s School Counselor and Social Worker.

4. Follow the recommendations provided by the clinician, which may include but is not limited to: safe to return to school, outpatient therapy, partial or inpatient hospitalization and/or medication management.

5. If the assessment and recommended treatment plan results in an immediate return to Loyola Academy, please contact your child’s School Counselor or Social Worker. A Re-Entry meeting will be scheduled where all parties will sign a Therapeutic Behavioral Agreement, allowing your child to return to school.

6. If the assessment and recommended treatment plan results in an extended absence from Loyola Academy, please contact your child’s School Counselor or Social Worker to discuss next steps.

Please know your child’s safety, along with their overall continued health and wellness, is more important than their return to our school environment. While we want your child to return as soon as possible, we cannot allow them to return to school unless all of the expectations outlined above have been followed.

Please do not hesitate to contact your child’s school counselor and or social worker with any questions or concerns.
Local Resources Providing Mental Health Assessments:

** Agencies **

** Compass Health Center **
224-306-1879 or 773-649-0759
www.compasshealthcenter.net
Locations: Northbrook and Chicago

** Child, Adolescent & Family Recovery Center **
847-457-6730
www.adolescentrecoverycenter.org
Locations: Lake Bluff, Hoffman Estates and Chicago

** Courage to Connect Therapeutic Center **
847-730-3042
www.couragetoonconnecttherapy.com
2400 Ravine Way, Suite 600
Glenview, IL 60025

** Samaritan Counseling Center **
847-446-6955
www.northshoresamaritan.org
690 Oak St.
Winnetka, IL 60093

** Hospitals & Services **

** NorthShore Psychiatry & Behavioral Sciences **
847-570-2500 Ext. 2
www.northshore.org
NorthShore has several locations (see website for addresses) which include:
NorthShore Medical Group (Glenview, Highland Park and Evanston), Evanston Hospital and Deerfield Behavioral Health

** Haven Youth & Family Services **
(847) 251-6630
www.havenforyouth.org
825 Green Bay Rd #200, Wilmette, IL 60091
Locations: Wilmette

** Family Service Center **
847-251-7350
www.familyservicecenter.com
Locations: Wilmette, Glenview, Northbrook and Kenilworth

** Skylight Counseling Center **
847-529-8300
www.skylightcounselingcenter.com
5225 Old Orchard Rd., Suite 37
Skokie, IL 60077

** C4 Services & Crisis Line **
773-769-0205
www.c4chicago.org
C4 has several locations throughout the city (see website for addresses), but a SASS worker will be called to complete the assessment
*C4 North* Only location with SASS onsite